

STOP! HELLO
CHILDREN



HELLO
TEACHER



15 minutes



Outdoors



Moderate

HELLO, HOW ARE YOU?

ACTIVITY

Initial questions: Remember how we greet in English?

Teacher's task: Tell the class that they should move around, in different ways (jumping, squatting, crawling, etc), for 10 seconds. When "Stop" is ordered, stay put and move according to this dialogue:

1. Running, lift your heels to your buttocks

- Teacher: "Stop! Hello, children"

- Students: "Hello, teacher/miss (maintain a dove position for 15 seconds)"

2. Jumping like frogs

- Teacher: "Stop! Good morning, students"

- Students: "Good morning, teacher/miss (jump like a frog, spinning around 10 times)"

3. In quadrupeds

- Teacher: "Stop and stand up! How are you?"

-Students: "I'm fine, thank you (bend your knee to your chest and lift your arms. Repeat 15 times per leg)"

4. Skipping on one foot

- Teacher: " Stop! Good afternoon, students"

- Students: "Good afternoon, teacher/miss (20 bicycles on the floor)"

5. Crawl on the floor

- Teacher: " Stop and stand up! Good night, students"

- Students: " Good night, teacher/miss (stretch each leg for 10 seconds)".

